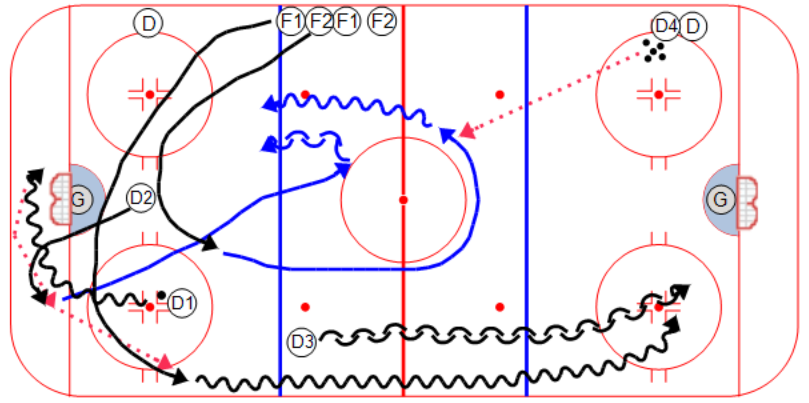


Description

Drill starts with D1 skating behind the net and executing a reverse pass to D2.
F1 skates hard to the breakout position along the half wall and receives a pass from D2.
F2 supports the breakout in the mid-ice lane.
F1 goes 1v1 against D3 to the far end.
F2 loops around the center circle and receives a pass from D4.
F2 goes 1v1 against D2 who has skated out to gap up on F2.
D4 comes out and becomes new D3
D2 becomes new D1 and starts the drill again with F1 & F2



Key Points :

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