

Description

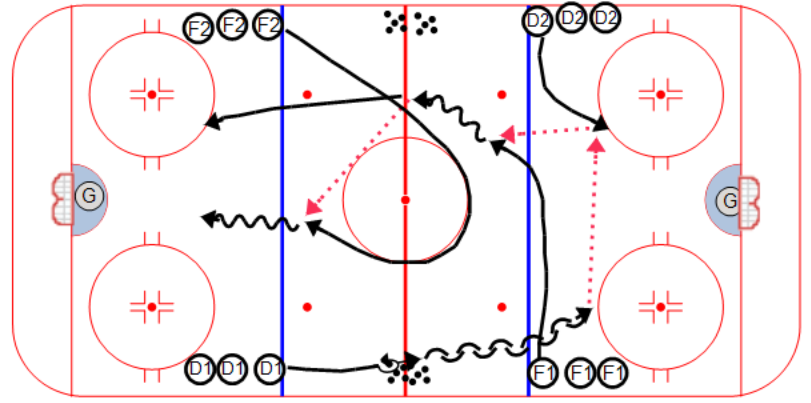
Drill starts with D1 skating to the red line, picking up a puck and transitioning backward.

D1 skates backward across the blue line.
D2 comes off the wall into good support position and receives the D2D pass.

F1 times his skate to enter the receiving zone after the D2D pass.

F2 times his skate to be in position for a headman pass from F1 in the middle of the ice.

F1 and F2 attack 2v0. Drill starts with D2 next rotation.

**Key Points :**