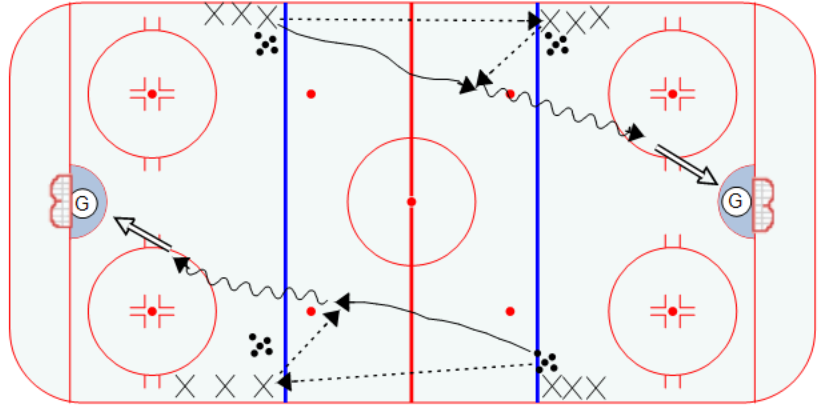


**Description**

Players lin-up along the boards as shown

First player passes across the first player in opposite line. That player one-touches the puck out to an area where the first player can skate into it and then go in for a shot.

Work the drill from both sides and alternate which player at the head of the line starts the drill.



Key points :