Title :	Half-Ice Breakout	Category #1 :	Rico Blasi	Category #2 :	Warm-Up
	<u>De</u>	<u>scription</u>		<b>*</b> L	
Simple half ice breakout pattern.					F
Coach dumps puck in and the players breakout.  Once the puck in back in the neutral zone it is passed back to the coach who dumps it in again to a different location.  This continues for five cycles and each time the puck is dumped to a different location in the zone.				(D) V	
	yers never stop moving who st skate through the neutral			(D)	Ē.
Key p	oints:				