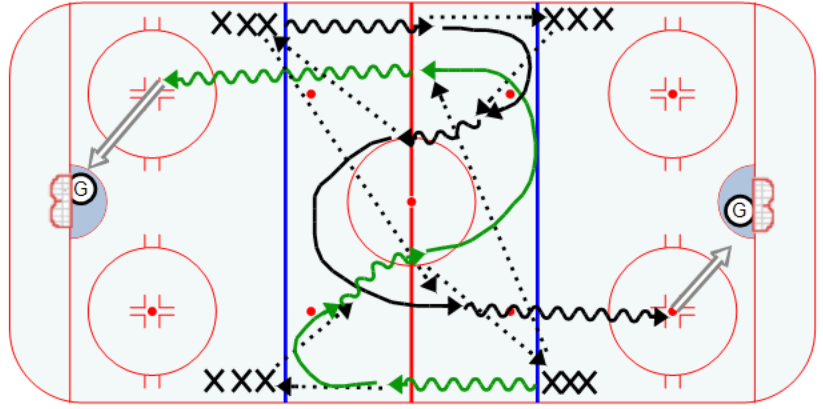


Description

- First player in line skates to the red line and passes to the first player in the opposite line. He then loops low and receives a return pass.
- He then skates to the red line and passes to the first player in the original line. He then loops low and wide and receives a return pass.
- Skates in and takes a shot from the circle.

Run drill from both sides and alternate the starting player on each line.



Key points :

| | | | |
|--|--|--|--|
| | | | |
|--|--|--|--|