Title: Double One Touch Passing Category #1:	Rico Blasi	Category #2 :	Warm-Up
<u>Description</u>			
- First player in line skates to the red line and passes to the first player in the opposite line He then gets a return pass and skates back to the red line and makes a pass to the first player in his original line He receives a return pass and skates in for a shot on	→ XX	X	××× ++

Run from both sides and alternate which line starts the drill.

goal.

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Key points :			] [		