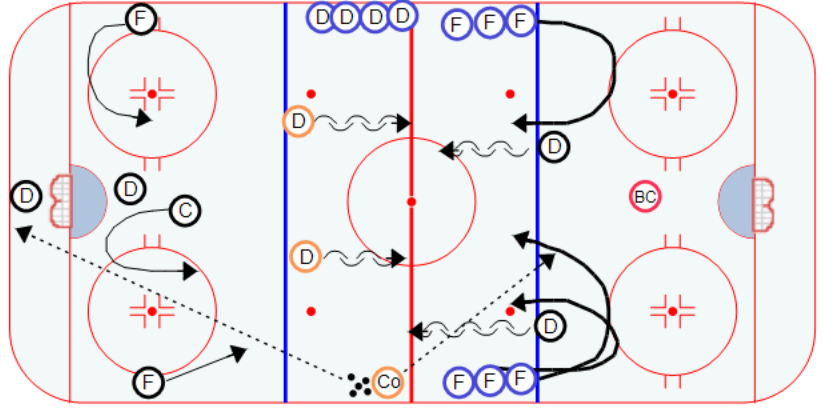


Description

The drill begins with the coach dumping a puck deep for a 5x2 breakout.
 - The 5 offensive players bring the puck into the offensive zone and try to score.
 - On the whistle 3 forwards come off the boards and touch the top of the circles. The coach passes a puck to one of them and they attack the opposite end 3x2 against the two offensive defensemen from the original breakout who will be on the blue line.
 - The high forward on the whistle becomes the back checker to make the drill a 3x3. Let the players play out the 3x3 for some time.



Key points :