Content elements: Title: Canadian Reverse 1 on 1 Components:

## **Description**

D1 starts with the puck D2 calls for a reverse

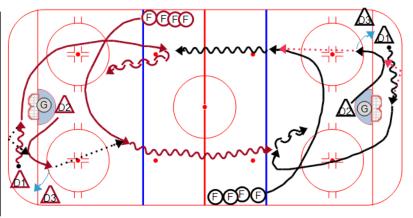
D1 reverses puck to D2

F1 swings low (Supports) and receives pass from D2

D1 goes around the net to defend the opposite forward 1 on 1

D1 protects and pivots to the middle

D2 starts the next play on the whistle and D3 goes to the front of the net.



**Key Points: Reverse D Options** Communication **Patient Support** 1 on 1 Play