

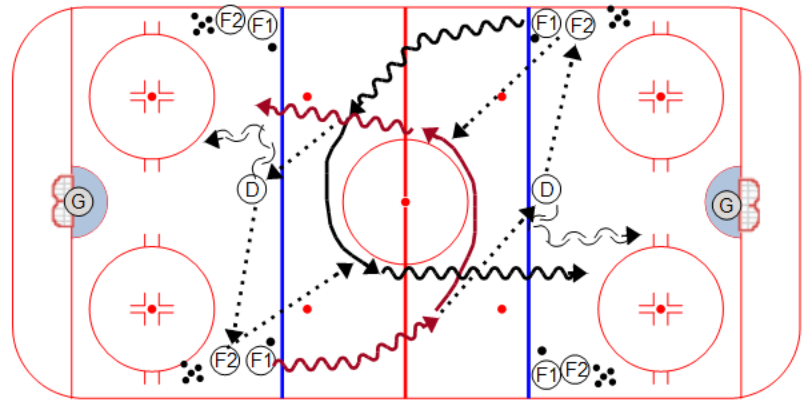
Title : Brownie Quick Up 1x1

Content elements: _____

Components : _____

Description

F1 skates up with puck and passes to D.
D passes to F2
F1 continues around the circle and gets a pass from F2
D steps up and closes the gap and plays a 1x1
Next set of D step out and start drill from opposite side.



Key Points :

Quick Up Passes

D Quick Feet