

**Description**

Two different drills here. All players run one drill then change to the second.

Drill #1

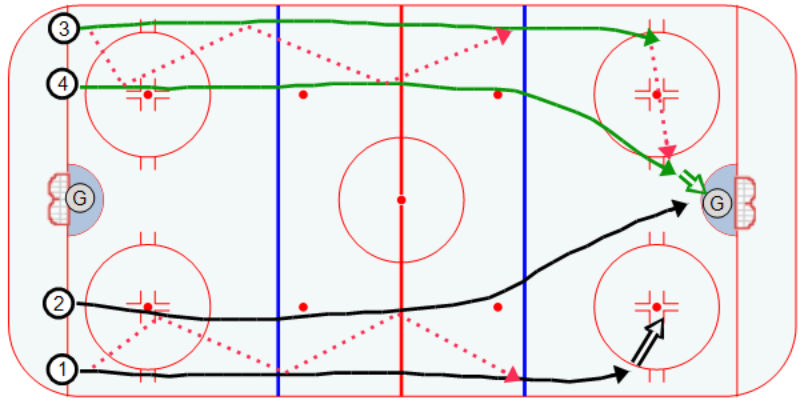
1 & 2 exchange passes down the ice and 1 takes shot from outside while 2 drives the net for rebounds.

Alternate sides

Drill #2

3 & 4 exchange passes down the ice and 3 passes to 4 for a slot redirect or one-time shot.

Alternate sides.



**Key Points :**