

Description

Drill starts with F1 skating around the bottom of the circle and receiving a pass from F2.
 F1 carries puck to blue line and passes to D1.
 F2 posts up at the blue line along the wall.
 D2D Pass
 F1 loops between the D and back toward the blue line.
 D2 passes to F2 who chips puck to F1.
 F1 goes in for a shot.
 F2 skates back down and around the bottom of the circle becoming the new F1. Drill is continuous.
 Can be run from both sides at the same time if you stagger the start a little.

Key points:

