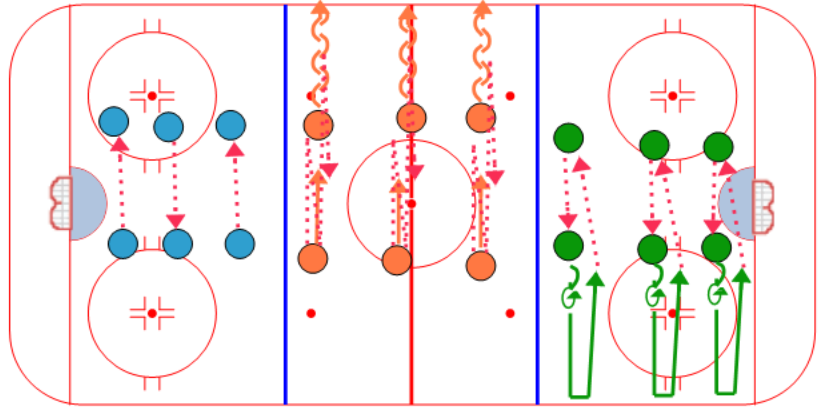


**Description**

- 1) Just pass back and forth using both forehand and backhand
- 2) One player skates forward while the other skates backward exchanging passes. When they hit the wall it goes back the opposite way.
- 3) Player receiving pass drags backward pivots to forward skates hard to the wall turns up and comes back and passes to partner who then does the same thing. First turn to the forehand side and next to the backhand side and keep alternating until the drill is over.

**Key points :**