

Description

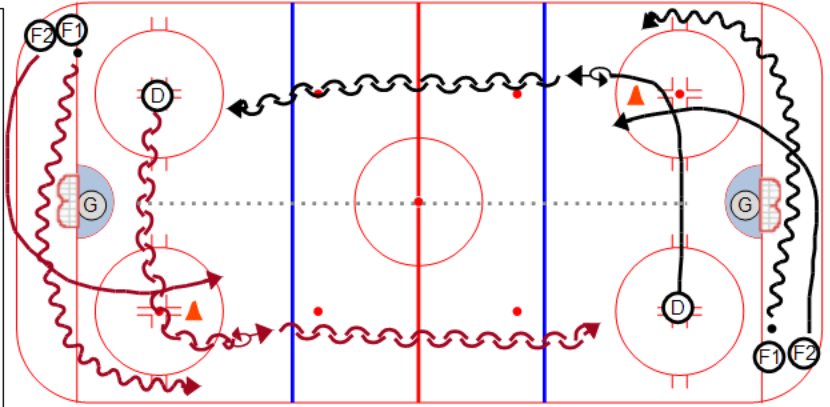
Place a cone or a glove near the top of the opposite circle.

D starts on the dot.

D skates across the ice and pivots to backward at the cone.

F1 & F2 attack D down the ice 2 on 1

Note: Can run drill as a 1 on 1 also



Key points :