

Description

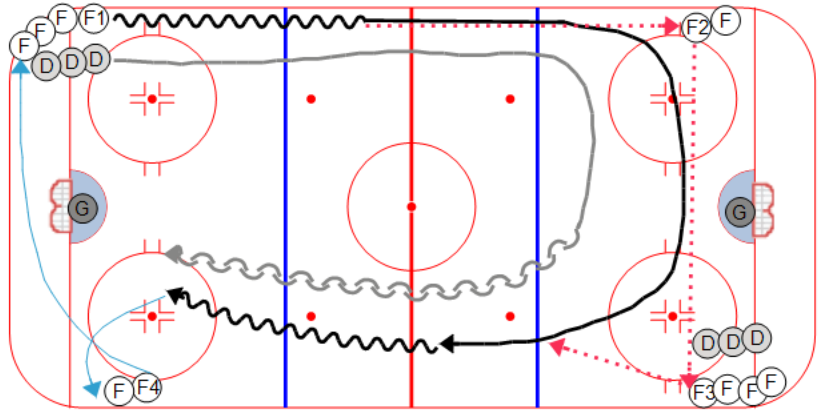
Drill runs from both ends at the same time.

F1 starts the drill by carrying a puck into the neutral zone and passing to F2 on the far end.

F2 passes cross ice to F3 as F1 loops low.

D shadows F1 down the rink and defends the 1 x 1 coming back.

After the shot F1 goes to the passing line. F4 goes to the shooting line and D goes back in line.



Key points :

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