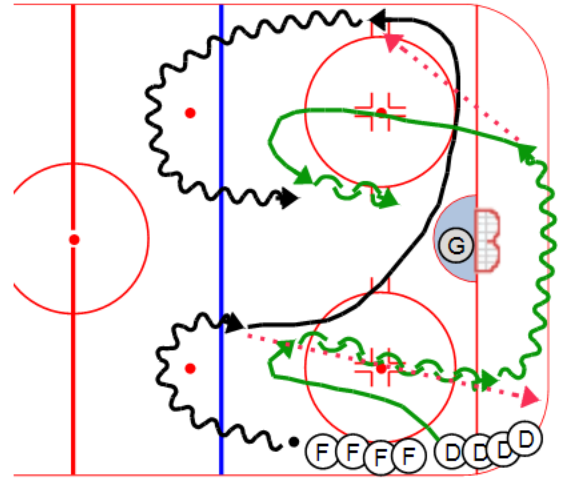


Description

F starts drill by skating up and around the dot.
D shadows F up the wall.
F dumps the puck into the corner.
D back skates and retrieves the puck.
F skates low and opens up to the wall to receive a breakout pass from D.
F carries the puck around the dot and goes against D 1 on 1.

After a few cycles move to opposite side.



Key points:
