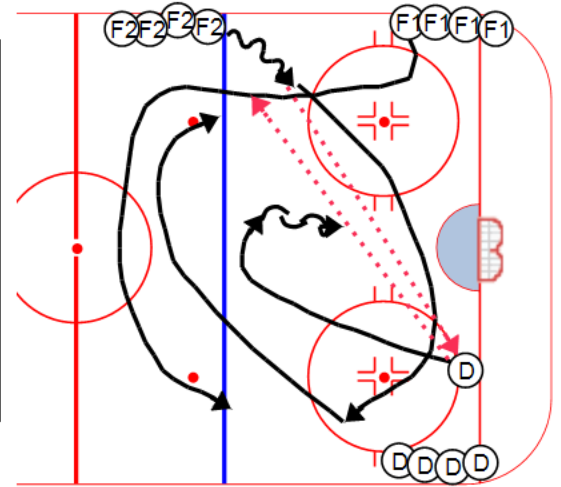


Description

F2 starts drill with pass to D.
F2 comes low and F1 times his skate so both players are skating out of the zone in tandem.
D makes an outlet pass to F1 or F2.
F1 and F2 skate through the NZ and exchange pass.
D gaps up and plays the 2x1 back into the zone.



Key points:
