

### Categories

Competitive

Drill Title : 8 Man KnockOut

Passing

Components :

Content elements :

### Description

Line up 8 player around the circle.  
Hard passes forehand to forehand  
Players are eliminated

- 1) If they make a bad pass
- 2) If they miss a good pass

As players are eliminated, the remaining players move around the circle.

### Key Points

Hard Passing

Forehand to Forehand

Quick Movement

