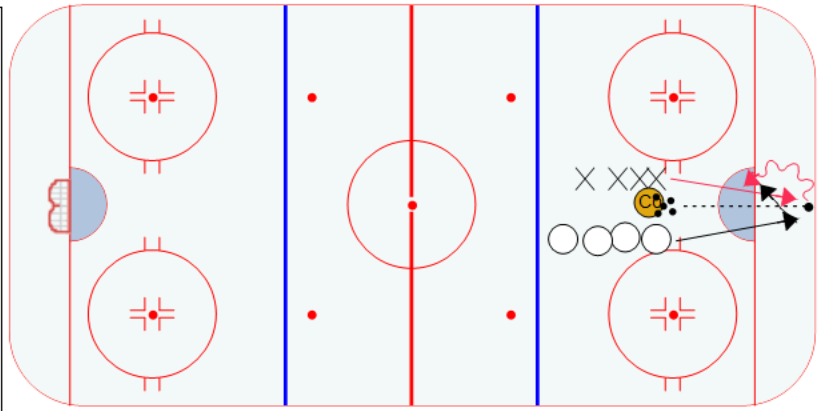


Description

Remove the net
Two Lines
Coach dumps a puck to the back wall behind the crease
Two players challenge each other for possession.
When a player has possession he must attempt to skate with the puck into the blue area of the crease.
To win the player must maintain possession while his body and the puck are inside the crease.



Key points :