Title: One Touch and Up Content elements: Components:

Description

F1 starts drill by skating through the neutral zone and passing to D1.

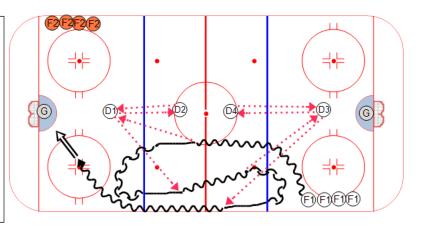
D1 and D2 exchange passes while F1 skates low and executes a mohawk turn to receive a return pass from D1.

F1 skates up ice and passes to D3.

D3 and D4 exchange passes while F1 executes a mohawk turn to receive a return pass from D3.

F1 skates in and shoots on goal.

F2 starts drill after D3 makes return pass to F1



Key Points :			
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