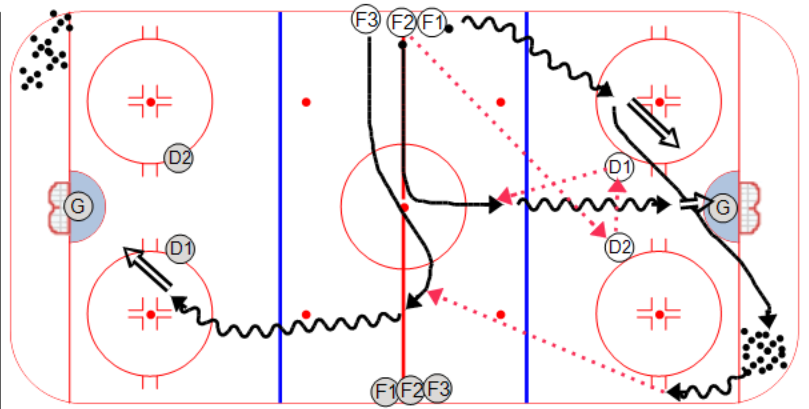


**Description**

F1 starts the drill by skating in and taking a shot on goal.  
 At the same time F2 makes a pass to D2 and then skates through the center circle to receive a pass from D1 after the D2D pass.  
 F1 continues into the corner to get a new puck and passes up ice to F3 breaking through the neutral zone.  
 F3 skates in and shoots.  
 You can run this drill from both ends by having F3 start the drill after his shot at the far end.  
 This drill requires that the players really concentrate, especially if run at both ends.



**Key Points :**

**Quick Passing**

**D keep feet moving**

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