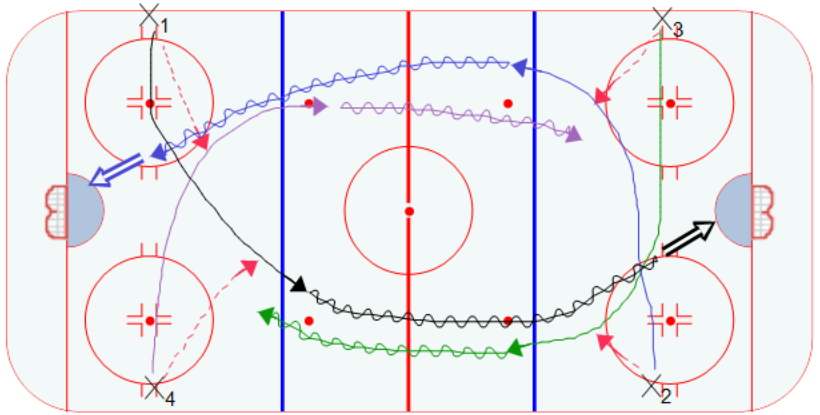


**Description**

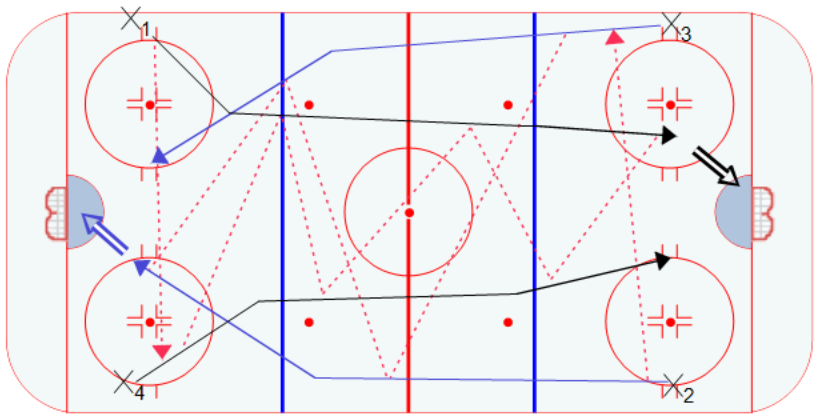
X1 & X2 start together  
 X1 receives a pass from X4 and skates up ice for a shot  
 X2 receives a pass from X3 and skates up ice for a shot  
 X3 & X4 start the drill the next segment and it continues back and forth



Key points :

**Description**

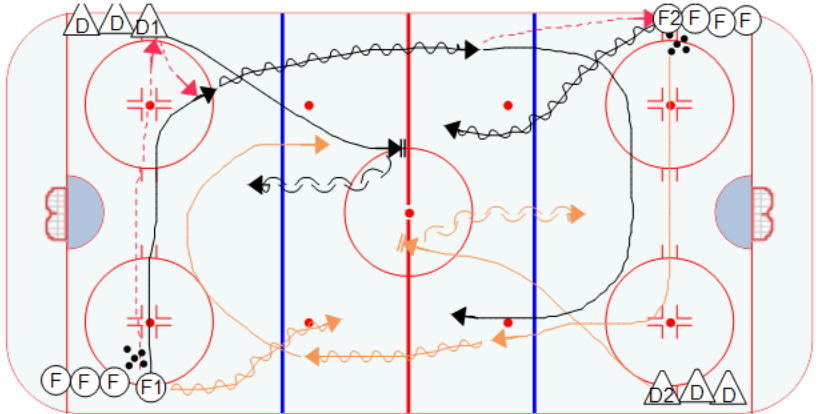
X1 & X4 skate 2x0 inside lane  
 X2 & X3 skate 2x0 outside lane



Key points :

**Description**

Drill Starts  
 F1 passes to D1  
 F1 skates across and get a return pass from D1  
 F1 skates up ice and passes to F2  
 F1 loops below the blue line to start a 2x1 breakout with F2  
 D1 after making the pass skates to center ice and plays the 2x1 rush  
 Alternate sides to make this drill flow



Key points :