

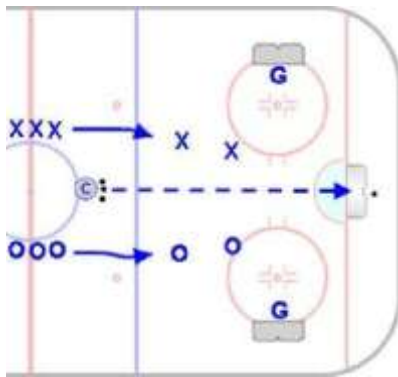
2 on 2 Two Touch

All Ages

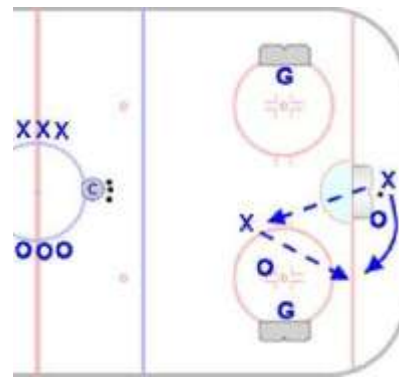
Goal: To simulate a game situation in which players have multiple passing and receiving opportunities.

Time: 8 to 12 minutes

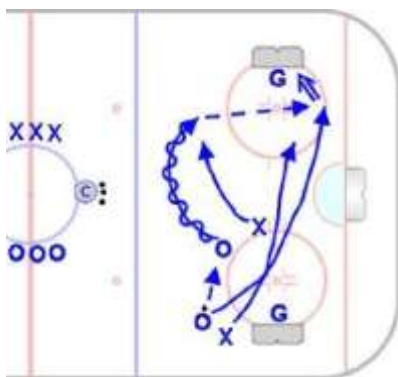
Shifts: 30 to 45 seconds



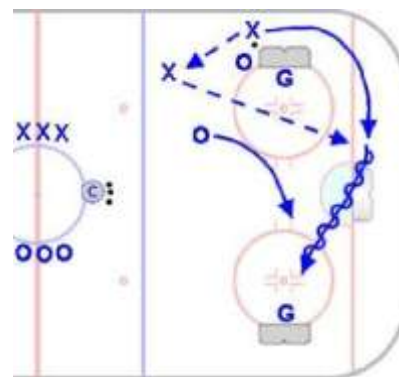
- Nets are placed on the face-off circles.
- Two players from each team enter play and play a 2 on 2 game.
- The coach dumps in a puck to start play.



- Players must complete two passes before attempting a shot on net.
- After the save is made by the goaltender, two more passes must be completed before attempting another shot.



- Players are not limited to two passes. They should be encouraged to make as many passes as necessary to create a good scoring opportunity.



- Players should use all available ice, looking for open spaces to make themselves available for passes.