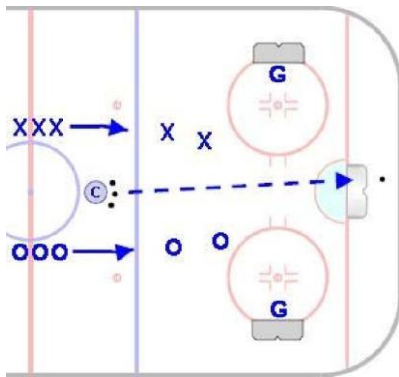


2 on 2 No Passing

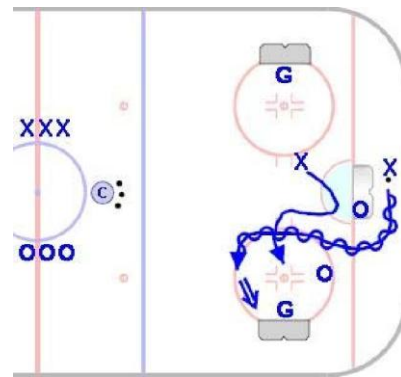
All Ages

Goal: To simulate a game-like environment in which players gain skill carrying the puck as well as learning to skillfully support the puck carrier.

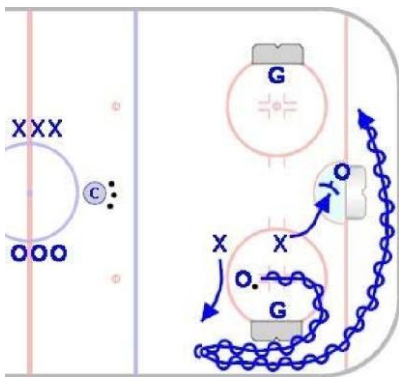
Time: 8 to 10 minutes **Shifts:** 25 to 40 seconds



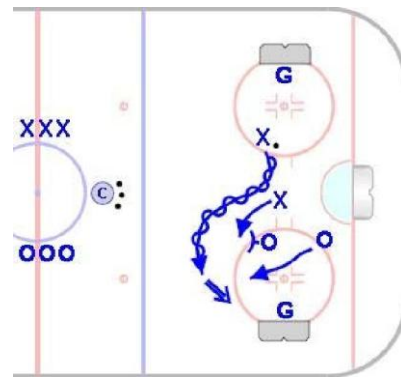
- Nets are placed on the face-off circles.
- Two players enter the zone and compete in a 2 on 2 game.
- Coach dumps puck in to begin play.



- Players are not allowed to pass the puck. The puck must be carried until it is lost or a shot is attempted.
- Offensive teammate must support the puck carrier and get into position to pick up a loose puck.



- Puck carrier will be forced to constantly change direction and protect the puck. Use the full space available, including the area behind the net.



- Defensive players will work to close gaps and create turnovers.
- Offensive teammate must help to create space and open lanes for the puck carrier.