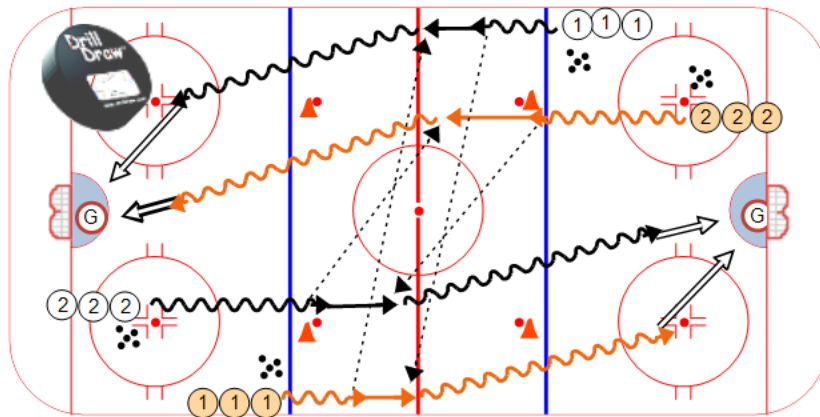


**Description**

At the whistle, players start at the same time.  
 ① and ① must, right at the start, pass the puck to the other side at the red line. On reception, players go to the net and shoot.

The goalie must quickly reposition himself to face player 2.

② and ② skate up to the blue line before passing the puck. On reception, players go to the net and shoot.



**Key points :**

Passes

Timing

Reception

Shots