

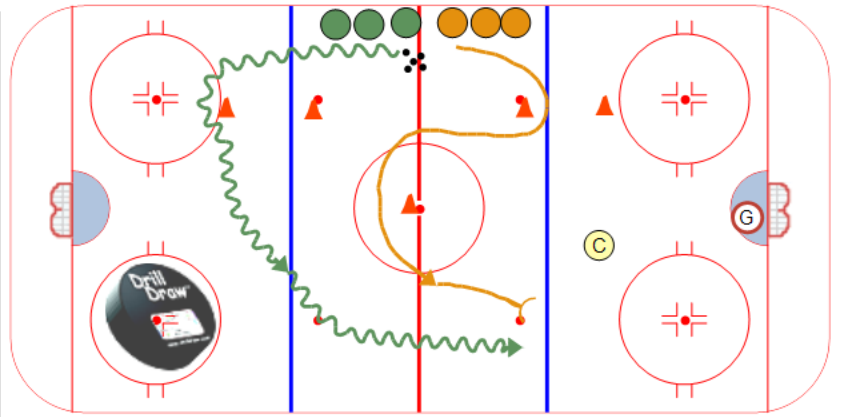
Title : 1 vs 1 D-015

Category #1 : DEFENSE

Category #2 : Backchecking

Description

Simple angling drill where players must direct attacker to one side of the ice.



Key points :

Limit options

Force play

Do not give up

the middle