

**Description**

At the start:

Forward player ● carries the puck, goes around the pylon and shoots the puck in the corner. He then skates hard to try to get the puck back, go in front of the net and shoot. Defensemen ▲ must prevent the forward from reaching the net.

At the start:

Defensemen ▲ skates around the pylon and pivots to skate backwards a few steps. He then pivots again and skates hard towards the coner to get the puck. He skates a few steps along the boards and pushes the puck out of the zone. Forward player ● tries to prevent the puck from leaving the zone.

**Key points:**

Pivots	Corner battles
Speed	

