

Title : 1 vs 1 D-001


Category #1 :



TACTICS


Category #2 :


1 vs 1

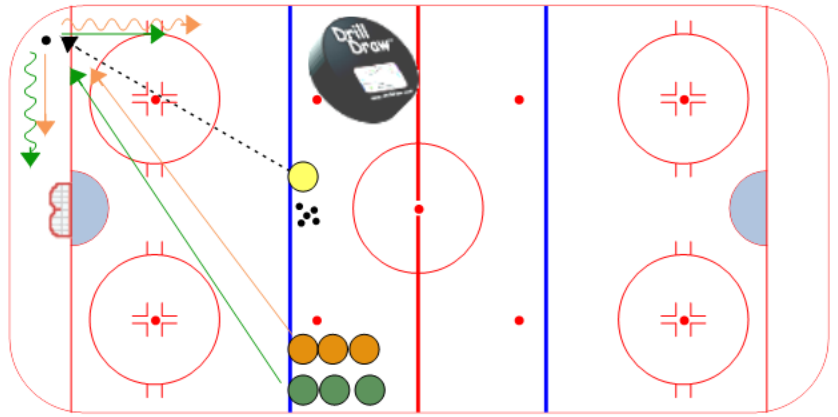
Description

Coach  pushes the puck in the opposite corner.

The 2 players,  , skate hard to retrieve the puck.

If player  gets the puck, he must try to escape along the boards towards the blue line.

If player  gets the puck, he must try to escape along the boards towards the back of the net.



Key points :

Speed

Strenght

Perseverance

Puck protection