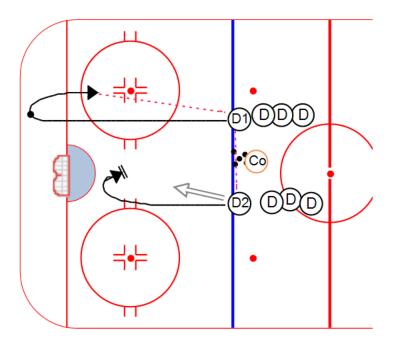
Title 1 (NOTTI-OT BIGGE STILL)	Title: "RIGHT-UP" DRILL	Category #1:	Carlson Breakout Drills	Category #2:	Defense Only
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Content elements:

Components:



Key Points :		

Description

- 1. Coach dumps puck behind net
- 2. D2 goes to the front of the net with feet facing forward
- 3. D1 picks up puck and goes "Right-Up" the ice
- 4. D1 passes to new D1
- 5. D2D fass to D2
- 6. D2 shoots

Be sure to reverse sides so D2 carries the puck and also have the D alternate lines so they work both sides.

NOTE:

Be sure the D in front has his toes facing up ice