

Description

First D in line dumps a puck into the zone. It can be high off the glass, or down along the ice.

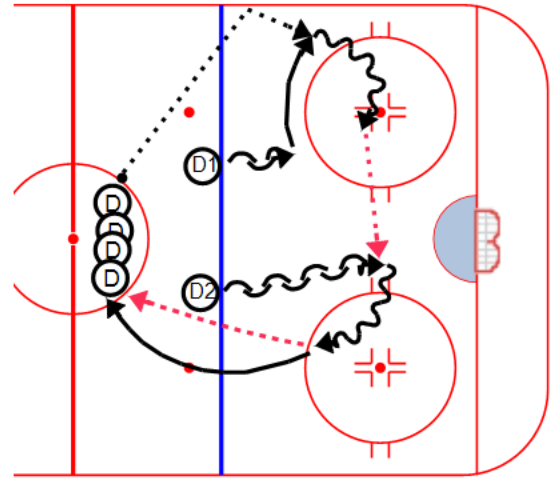
D1 retrieves the puck while D2 skates to good support position.

D2D pass and D2 starts moving up ice with his head up.

D2 passes to the last D in line and skates hard to the line to simulate jumping into the rush.

D1 becomes new D2, while first D in line becomes new D1.

Alternate sides so D work pass both ways.



Key points:
