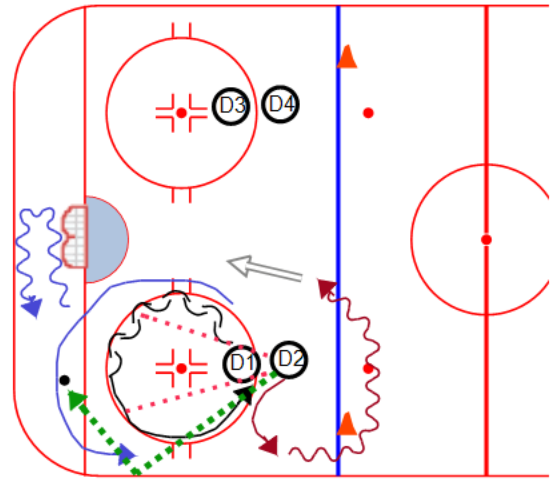


**Description**

D1 skates backward around the inside of the circle and pivots to forward at the bottom of the circle and skates up the other side. Skate around the circle 2 times.  
 While skating D1 and D2 exchange passes. After the second time around D2 lays the puck into the corner area.  
 D1 can do one of three things.  
 1) Quickly turn the puck up ice  
 2) Drive the back of the net and return  
 3) Drive the back of the net, stop and step out on the same side.  
 D2 moves to the wall to receive a breakout pass, skates around the cone and shoots on net.  
 D3 & D4 run the drill on the opposite side, but the timing has to be right so the back of the net is open to both sides.  
**Options:**  
 You can add a forechecker to chase D1  
 You can have D1 step into the shooting lane to practice blocking shots.



**Key points:**
