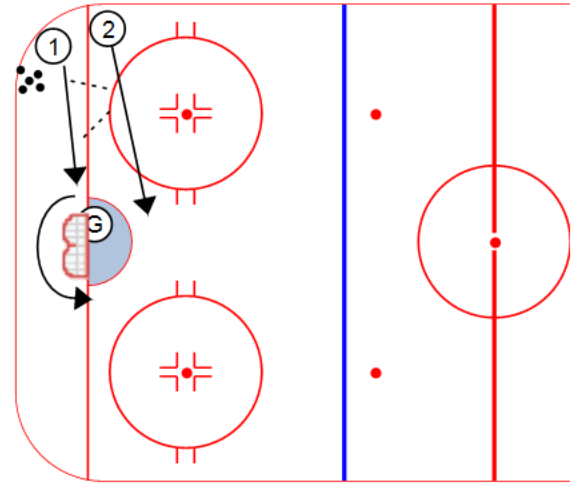


Drill no. : \_\_\_\_\_ Duration : \_\_\_\_\_ Minutes From : \_\_\_\_\_ To : \_\_\_\_\_

Title : 2 on 0 from corner Category #1 : Bertagna-Goalie-Drills Category #2 : Goal

**Description**

1 and 2 start drill from corner.  
Pass back and forth to create a scoring chance.  
1 can go around net for wraparound or deflection on 2 shot



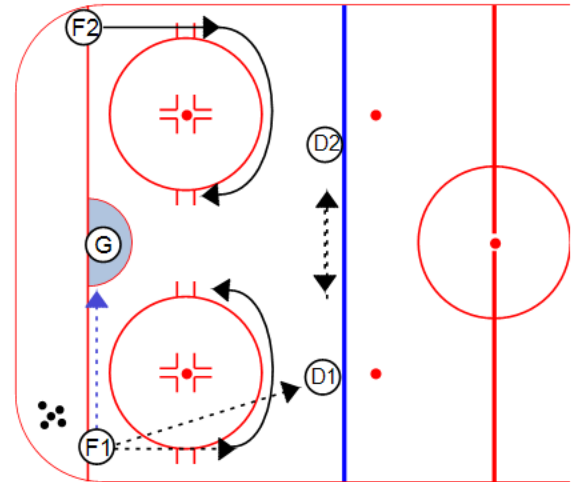
Key points:


Drill no. : \_\_\_\_\_ Duration : \_\_\_\_\_ Minutes From : \_\_\_\_\_ To : \_\_\_\_\_

Title : 4 player shot/pass Category #1 : Bertagna-Goalie-Drills Category #2 : Goal

**Description**

F1 starts drill with a pass to D1  
F1 either circles the top or drives the bottom of the circle  
F2 circles the top  
D1 & D2 can pass or shoot  
  
Change the action each time to keep the goaltender thinking.



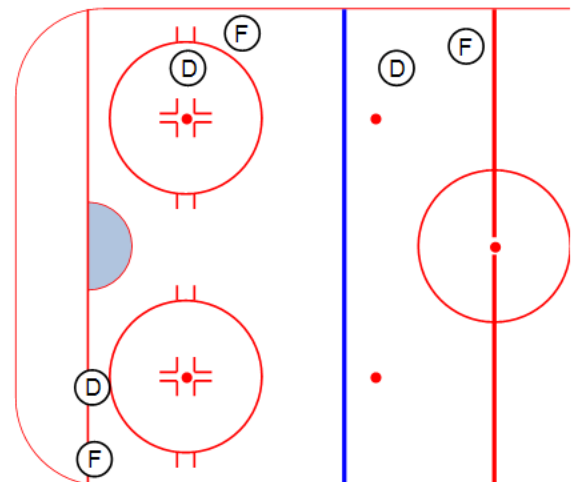
Key points:


Drill no. : \_\_\_\_\_ Duration : \_\_\_\_\_ Minutes From : \_\_\_\_\_ To : \_\_\_\_\_

Title : 1 on 1 drills Category #1 : Bertagna-Goalie-Drills Category #2 : Goal

**Description**

1 on 1 drills. Start from different places on the ice to give the goaltender different looks.



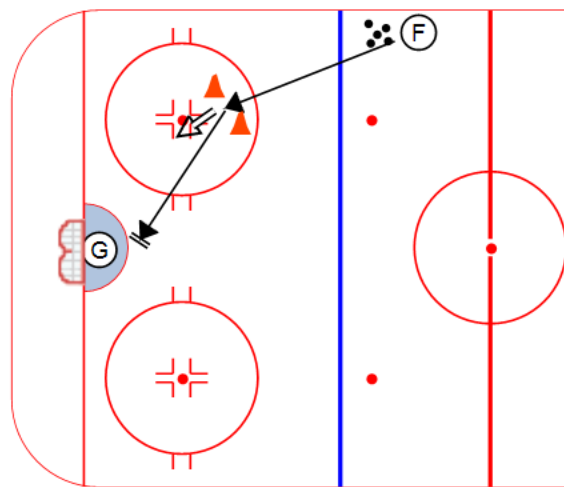
Key points:


Drill no. : \_\_\_\_\_ Duration : \_\_\_\_\_ Minutes From : \_\_\_\_\_ To : \_\_\_\_\_

Title : Specific Area Shot + Rebound Category #1 : Bertagna-Goalie-Drills Category #2 : Goal

**Description**

F takes shot from a specific place on the ice.  
After the shot he moves into rebound position.  
  
Move the cones around the ice to vary the shot selection.



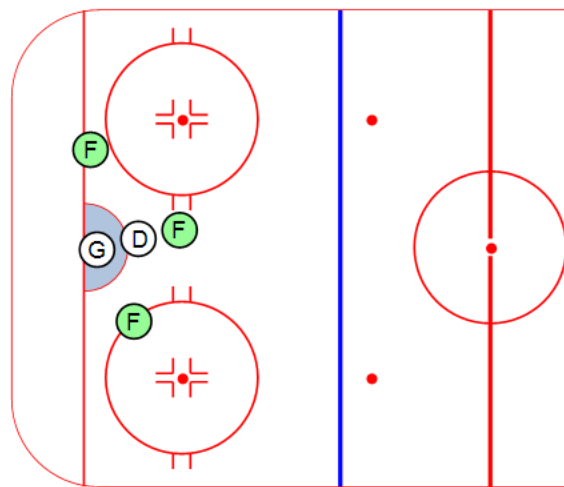
Key points:


Drill no. : \_\_\_\_\_ Duration : \_\_\_\_\_ Minutes From : \_\_\_\_\_ To : \_\_\_\_\_

Title : 3 on 1 Down Low Category #1 : Bertagna-Goalie-Drills Category #2 : Goal

**Description**

3 on 1 down low.  
Stay below the dots.  
10-15 second shifts



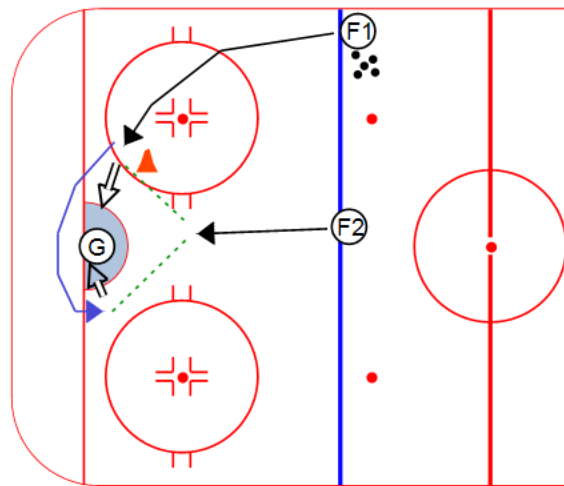
Key points:


Drill no. : \_\_\_\_\_ Duration : \_\_\_\_\_ Minutes From : \_\_\_\_\_ To : \_\_\_\_\_

Title : 2 on 0 Options Category #1 : Bertagna-Goalie-Drills Category #2 : Goal

**Description**

F1 skates to the cone and can do one of four options.  
  
1) Shoot  
2) Pass to F2  
3) Go behind net and pass to F2  
4) Wraparound  
  
Mix it up to keep the goaltender thinking.



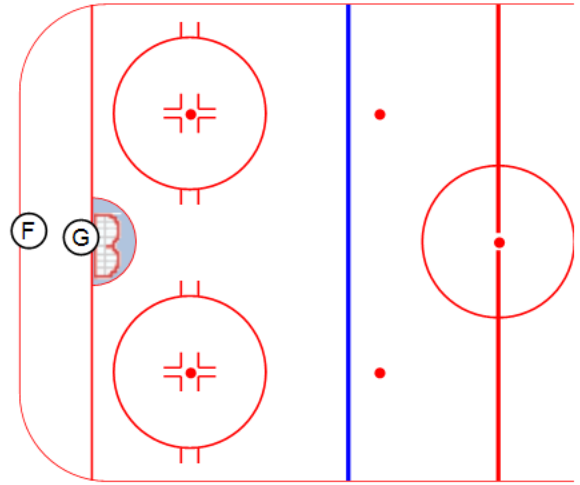
Key points:


Drill no. : \_\_\_\_\_ Duration : \_\_\_\_\_ Minutes From : \_\_\_\_\_ To : \_\_\_\_\_

Title : 1 on 0 behind the net Category #1 : Bertagna-Goalie-Drills Category #2 : Goal

**Description**

Turn the net around and play 1 on 0 for five seconds.  
Helps to keep the goalie sharp on in-close plays.



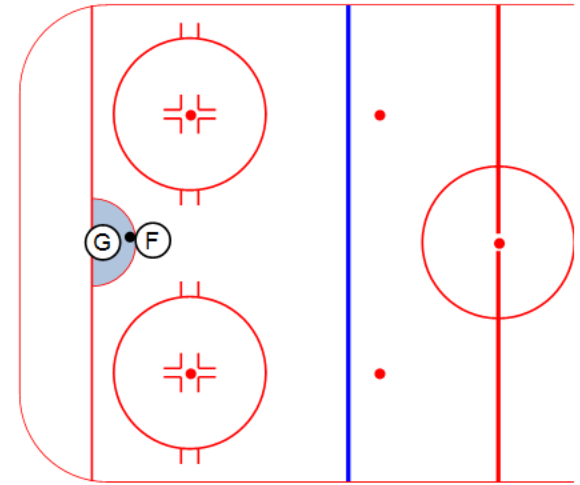
Key points:


Drill no. : \_\_\_\_\_ Duration : \_\_\_\_\_ Minutes From : \_\_\_\_\_ To : \_\_\_\_\_

Title : In Close 1 on 0 Category #1 : Bertagna-Goalie-Drills Category #2 : Goal

**Description**

F stays 2 feet outside circle.  
On the whistle he can't move his feet but he can shoot.  
Option #2  
F can take 1 stride



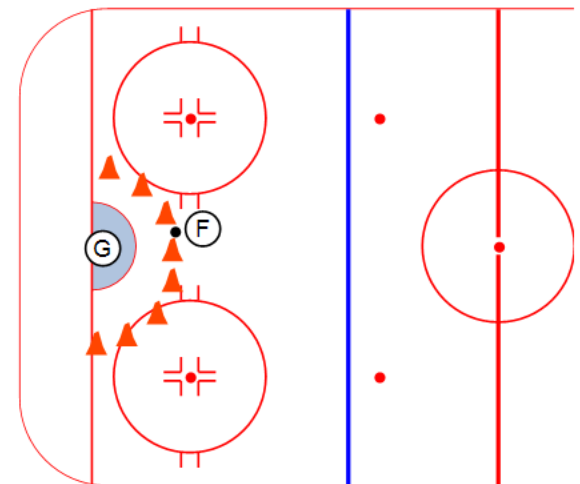
Key points:


Drill no. : \_\_\_\_\_ Duration : \_\_\_\_\_ Minutes From : \_\_\_\_\_ To : \_\_\_\_\_

Title : 1 on 0 inside cones Category #1 : Bertagna-Goalie-Drills Category #2 : Goal

**Description**

F takes shot from outside cone to create a rebound.  
F comes inside the cones and plays the rebound 1 on 0.  
10 seconds



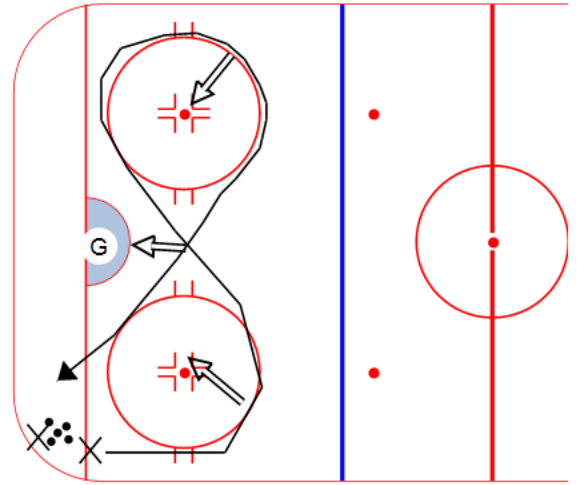
Key points:


Drill no. : \_\_\_\_\_ Duration : \_\_\_\_\_ Minutes From : \_\_\_\_\_ To : \_\_\_\_\_

Title : Figure 8 Shot drill Category #1 : Bertagna-Goalie-Drills Category #2 : Goal

**Description**

First player in line skates a figure 8 around the circles.  
Second player hits him with passes throughout the circles.  
Player one shoots from different positions  
Player one should always keep his body in position to receive a pass and shoot.



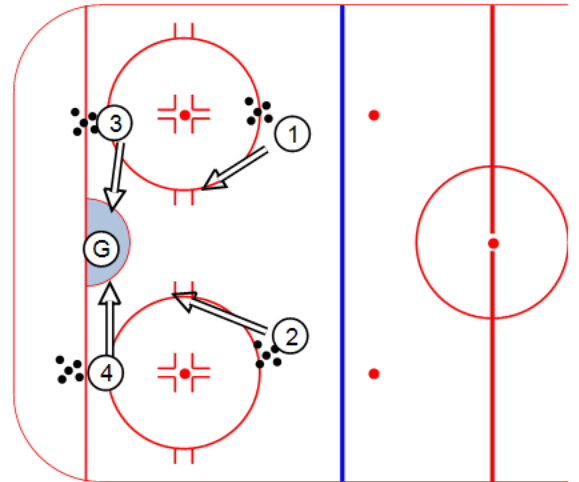
Key points:


Drill no. : \_\_\_\_\_ Duration : \_\_\_\_\_ Minutes From : \_\_\_\_\_ To : \_\_\_\_\_

Title : 20 shot drill Category #1 : Bertagna-Goalie-Drills Category #2 : Goal

**Description**

Each player has 5 pucks.  
Player 1 starts the drill and it moves around in order.  
Goalie has to reposition himself for each shot.  
You can change the order so the goalie has to move to new areas.



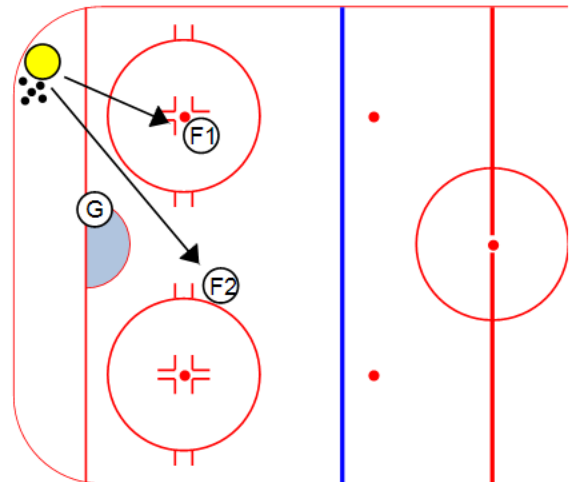
Key points:


Drill no. : \_\_\_\_\_ Duration : \_\_\_\_\_ Minutes From : \_\_\_\_\_ To : \_\_\_\_\_

Title : One Timer Category #1 : Bertagna-Goalie-Drills Category #2 : Goal

**Description**

Goalie must start at the post  
Pass to either forward for a one-timer



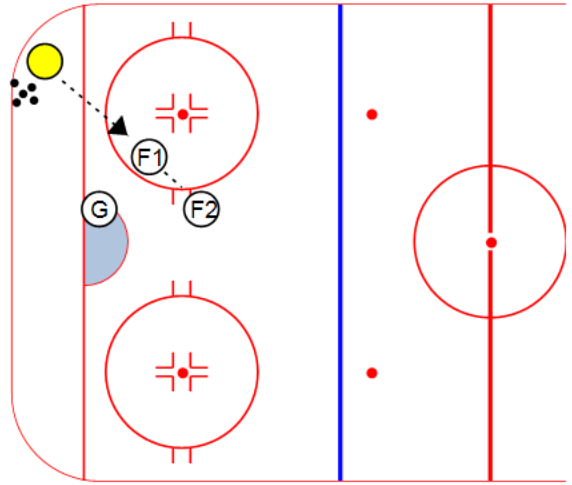
Key points:


Drill no. : \_\_\_\_\_ Duration : \_\_\_\_\_ Minutes From : \_\_\_\_\_ To : \_\_\_\_\_

Title : Deception Shot Drill Category #1 : Bertagna-Goalie-Drills Category #2 : Goal

**Description**

Pass comes from the corner to F1  
F1 can receive the pass and shoot  
OR  
F1 can let the pass go through him to F2 for a shot  
  
Goalie must start on post.



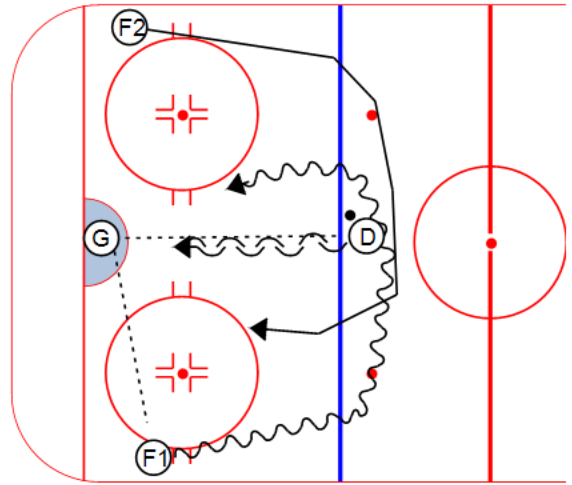
Key points:


Drill no. : \_\_\_\_\_ Duration : \_\_\_\_\_ Minutes From : \_\_\_\_\_ To : \_\_\_\_\_

Title : 2 on 1 with goalie pass Category #1 : Bertagna-Goalie-Drills Category #2 : Goal - stickhandling

**Description**

D starts drill by passing puck to goalie  
G passes to F1 on the boards  
F1 and F2 circle through neutral zone to create 2 on 1



Key points:
